[12] So then, brethren, we are debtors, not to the flesh, to live according to the flesh. [13] For if you live according to flesh, you are about to die. But if by spirit you put to death the deeds of the body, you will live. [14] For as many as are led by God's spirit, these are sons of God. [15] For you did not receive a spirit of bondage again unto fear, but you received a spirit of adoption, in which we cry out, "Abba, the father." [16] The spirit itself bears witness with our spirit that we are children of God. [17] And if children, also heirs, indeed heirs of God, and fellow heirs of Christ, if indeed we suffer with, so that we might also be glorified with.

[18] For I consider that the sufferings of the present time are unworthy to the glory about to be revealed in us.⁵ [19] For the earnest expectation of the creation eagerly awaits the revelation of the sons of the God. [20] For the creation was subjected to the futility, not willingly, but because of the one who subjected upon hope, [21] that the creation itself will also be set free from the bondage of the corruption into the liberty of the glory of the children of the God.

[22] For we know that all the creation groans together and agonizes together⁶ until the now. [23] And not only, but also ourselves having the first fruit of the spirit, also we ourselves groan⁷ in ourselves, eagerly waiting adoption, the redemption of our body.⁸

¹ μέλλετε ἀποθνήσκειν (mellete apothnêskein) "are about to die" YLT; "will die" NKJV – first verb, present indicative ("you are about to"), second verb, present infinitive ("to die"). See also Job 38:12-13; Psalm 7:11-13; Ecclesiastes 9:12; John 3:36.

² Hebrews 2:15; 2 Timothy 1:7

³ Αὐτὸ (auto) "itself" KJV; "Himself" NKJV - "spirit" (πνεῦμα [pneuma]) is neuter.

⁴ Matthew 5:10-12

^{5 1} John 3:1-2; Isaiah 40:31

⁶ συνωδίνει (sunôdinei) "agonizes together"; LEB "suffers agony together"; YLT "doth travail in pain together"; NKJV "labors with birth pangs together" - only found here.

⁷ E.g. Matthew 5:6; Romans 7:24; Philippians 3:20-21; 1 John 3:1-3.

⁸ Job 19:26; Psalm 17:15; Isaiah 26:19